



Foundation for Health Creation

Online
Summit

Keeping Tech in Check

Creating resilience in a high-tech world

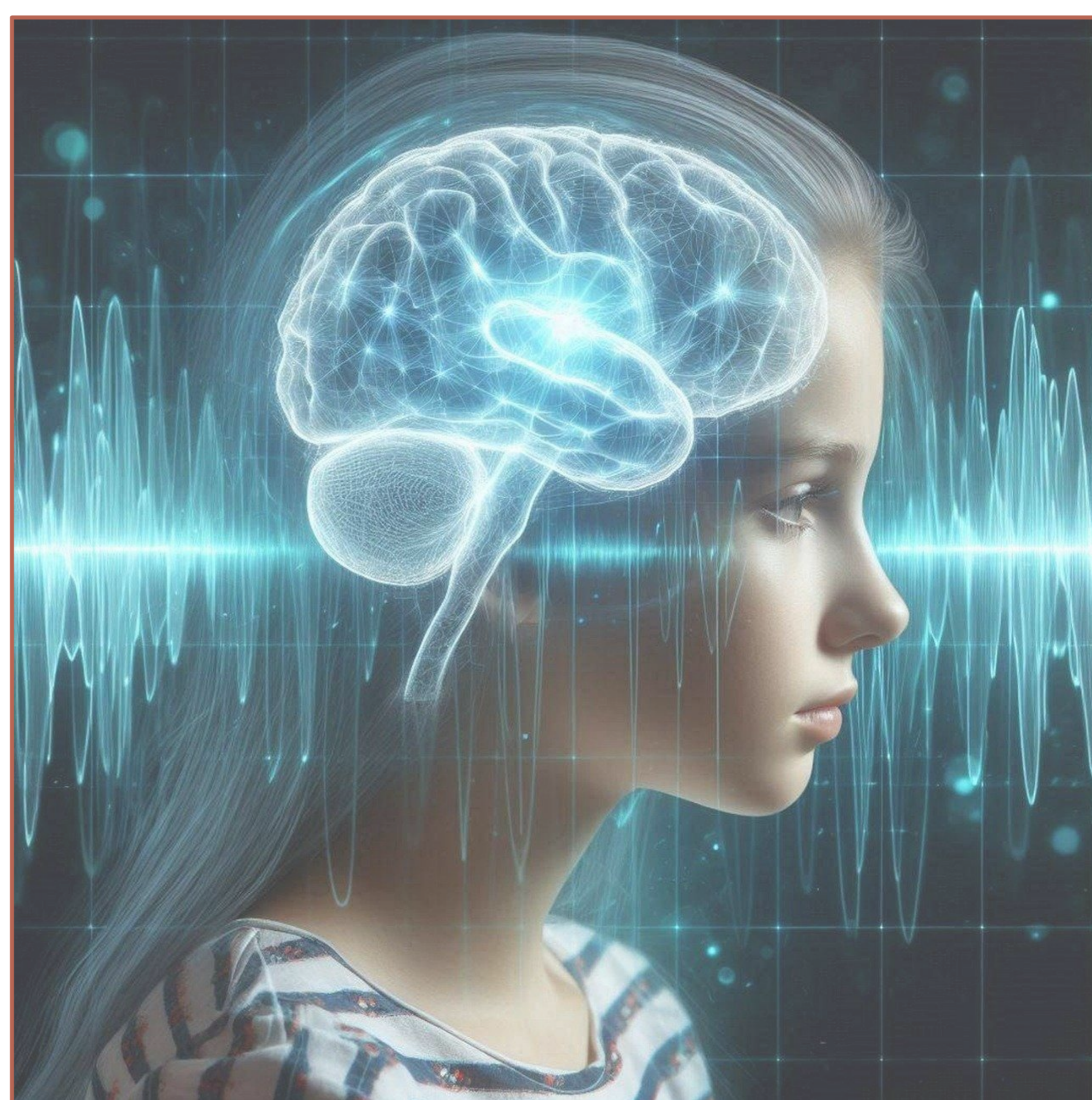
December 8th 2024 8:00am PT / 11:00am ET

Keynote Speaker: Dr. Michaela Glöckler

In this short summit, we explore how modern technologies are affecting the physical, mental and spiritual health of our communities. Technology is influencing the way we think and experience the world. This affects our health and resilience; but there are things we can do! Our keynote speaker, Dr. Glöckler is a well-known pediatrician, educator and researcher and has championed European legislation to change how children use technology.

Panel Discussion

Also featured will be a panel of seasoned doctors and parents from the **Foundation for Health Creation** that will outline ways to support resilience in the face of these challenges through parenting, anthroposophic medicine and new ways of thinking about this growing challenge.



Cost: \$25 - \$50pp

Invite your family and friends!

Please consider a larger contribution to support our ongoing work.

20% of proceeds will go to the **ELIANT Alliance** to support Dr. Glöckler's work. The remaining proceeds will support the **Foundation for Health Creation** and its efforts to improve health care and advance public health initiatives through education and outreach directed at creating and sustaining health.



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